

A photograph of three medical professionals in white lab coats attending to a patient in a hospital bed. The patient is wearing an oxygen mask and has a blood pressure cuff on their arm. One doctor is using a stethoscope, another is looking at the patient's arm, and a third is preparing a syringe. Medical equipment and a red first aid kit are visible in the background.

FROM INDUSTRY PRACTICE TO PRACTICING MEDICINE

YOUR GUIDE TO TRANSITIONING FROM THE MEDICAL AND BIOPHARMA FIELDS TO MEDICAL SCHOOL

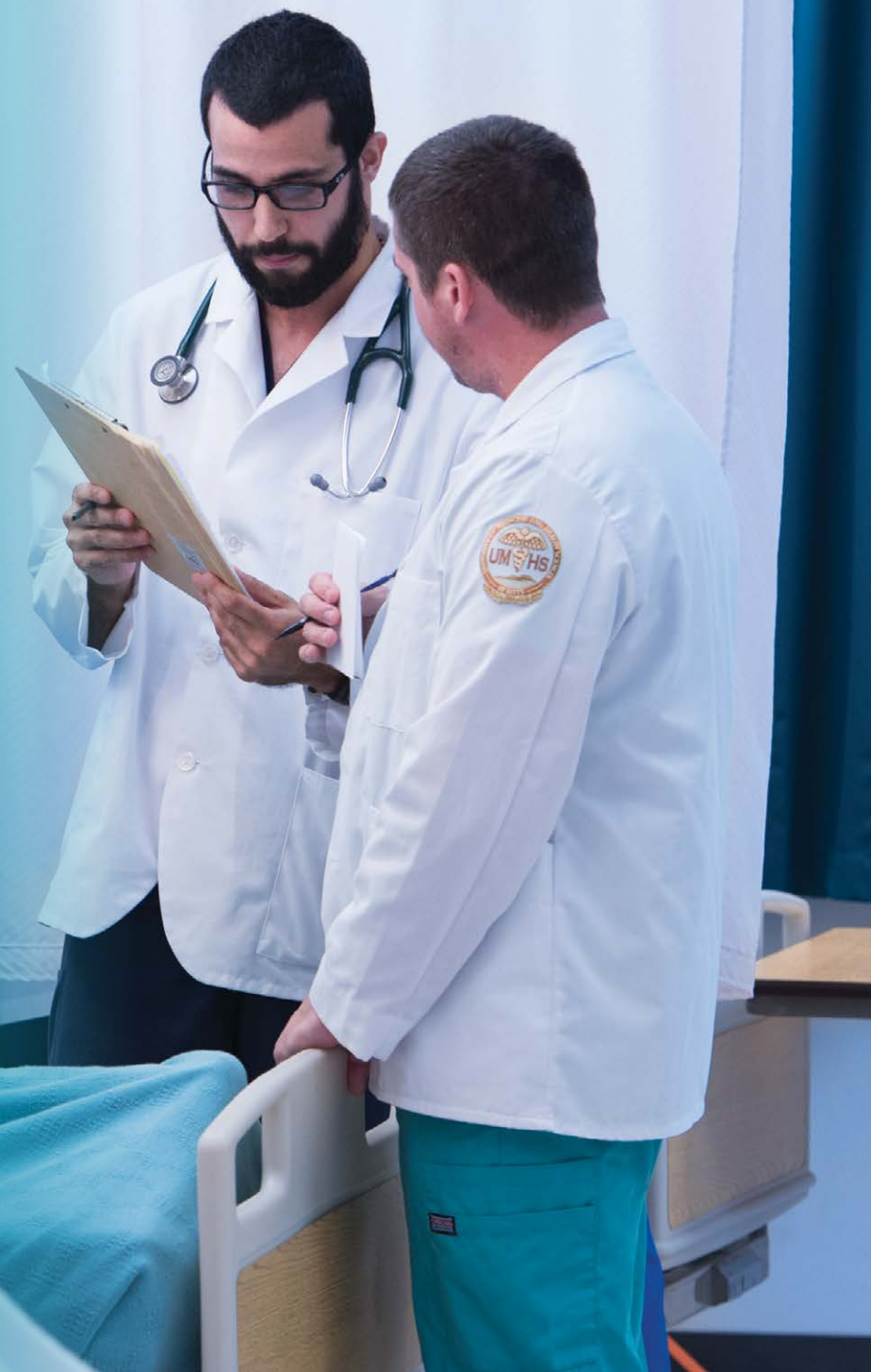
UMHS
UNIVERSITY OF MEDICINE
AND HEALTH SCIENCES

BECOME A DOCTOR

As an experienced health care industry professional, you are in an ideal position to pursue medical school. Whether you currently assist at a medical practice, provide health care services, or are a research worker in biotech, pharma, or a related field, you already understand the challenges regularly faced in real-world medical settings better than most.

Unlike traditional students who only dabble in health care volunteerism as undergraduates to bolster med-school applications, you will have a distinct advantage in medical school because you already have significant experience solving real issues for patients.

Don't wait any longer to pursue your dream of becoming a doctor. Now is the time to use your unique background as a springboard to greater achievement and career satisfaction. You owe it to yourself and your future patients. This guide will help you make that decision and take the necessary steps to enroll in medical school.



YOU'RE READY FOR MEDICAL SCHOOL

Admit it. You've been considering becoming a doctor for as long as you can remember, but something has always held you back. Don't let it. You are ready for this. We realize that choosing to go to medical school is a major decision, but we also know there are many reasons why you should. Here are just a few:



YOU'VE ALREADY DEMONSTRATED A PASSION FOR MEDICINE

By choosing to work in a health science field, you've already proven that you have the interest and aptitude to succeed in this profession, and medical schools will appreciate that.



YOU HAVE A NATURAL APTITUDE FOR SCIENCE

When you were in school, you excelled in science classes, and you went on to build a life for yourself in a science-related career. We have faith in your ability to build on that strong foundation to gain the expertise you'll need to provide optimal patient care.



YOU ARE A "PEOPLE PERSON"

Being a good doctor is about more than just scientific proficiency. Your ability to connect with patients will enable you to fully assess their needs and provide comprehensive care. As someone who is already well-versed in dealing with patients in some capacity, your unique perspective will shape the way you practice medicine.



YOU ARE AMBITIOUS

You've already proven yourself in your current career, but you're hungry to make an even bigger impact on individual patients' lives. You're also ready to increase your earning potential. (According to the Bureau of Labor Statistics, the median salary for physicians and surgeons in 2015 was \$187,200.) Don't hesitate to take the necessary steps to move to a more rewarding position.



DEMAND FOR DOCTORS IS RISING

The Association of American Medical Colleges forecasts that demand for physicians will outpace supply by as much as 90,000 by the year 2025. Act now to gain the skills you'll need to meet this growing need.



FIND THE RIGHT SCHOOL

When searching for a medical school, it's important to explore all of your options. There are only 141 medical schools in the U.S. offering an M.D. degree, which means admission is obviously highly competitive. If you don't make it into one of these schools what are your options?

As it turns out, there are quite a few. Offshore medical schools provide an alternative path to becoming a doctor. When exploring these options, you should seek out a school that offers an accredited, personalized and affordable medical education that can be tailored to your career goals.

At the University of Medicine and Health Sciences, we've invested more than \$50 million to create one of the most advanced medical campuses in the Caribbean.

Here, you'll benefit from learning in small classes in our technologically advanced facilities and enjoy plenty of individual attention from our dedicated, US-trained faculty.

Thanks to our strong affiliations with more than 20 teaching hospitals in the US, Canada and Puerto Rico, we offer strong outcomes—including an impressive 93% USMLE first-time pass rate—for half the tuition of competing medical schools.

We sincerely hope you'll keep UMHS in mind as you search for the right medical school.

The background of the entire page is a photograph of three surgeons in an operating room. They are wearing blue scrubs, blue bouffant caps, and white face masks. They are focused on a surgical procedure, with their hands visible near the patient. The room is dimly lit, with the primary light source being the surgical lamps, which cast a warm glow on the scene. In the background, there are medical monitors and equipment.

TAKE ACTION

You know that becoming a doctor is the right move for you, but now you must put your plan into motion. Here are the steps you must complete to enroll in medical school.



The background of the entire page is a photograph of three surgeons in an operating room, wearing blue scrubs, masks, and hairnets, focused on a surgical procedure. The image is slightly faded to allow text to be read over it.

STEP ONE

STRENGTHEN YOUR FOUNDATION

If you were not an undergraduate pre-med major, you will likely need to take supplemental classes to prepare for the rigors of medical school coursework. Depending on your specific needs, you may choose to:

- Take non-degree courses at a community college or local four-year school
- Enroll in a postbaccalaureate program (To find one near you, use the American Association of Medical Colleges' searchable [ONLINE DATABASE](#))

To determine which option is right for you, [READ OUR BLOG ENTRY](#) exploring the pros and cons of each type of program.



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STEP TWO

PREPARE FOR THE MCAT

Almost all medical schools require applicants to take the MCAT. The test was recently revised in 2015 to include a section that focuses on the social sciences, in recognition of the growing need for well-rounded doctors who understand how psychological and behavioral issues can impact a patient's overall health.

For insights that will help you prepare for the exam, [READ OUR BLOG ENTRY](#) discussing what the changes to the exam mean for prospective medical school students.



STEP THREE

GATHER TRANSCRIPTS + RECOMMENDATION LETTERS

When you apply to medical school, you'll need to supply each institution with evidence of your academic, professional and personal achievements. It takes time to collect these materials, so we advise you to start requesting these items as early as possible.

TRANSCRIPTS

Contact the registrar's office at your former institution(s) and ask them to mail your transcripts directly* to the admissions offices at the medical schools where you plan to apply.

*If you completed your undergraduate degree at a non-U.S. institution, you may need to have your transcript translated and evaluated by an approved NACES agency such as World Educational Services.

RECOMMENDATION LETTERS

At UMHS, we require two letters of recommendation for each applicant. At least one letter should come from a science professor or an advisor from your pre-med or postbaccalaureate program. The other letter can come from a direct supervisor in any health-care related job or volunteer position. Each letter should be mailed in directly from the source.



STEP FOUR

APPLY NOW

1. **Fill out your application and submit your application fee.**
Apply online to UMHS at [UMHS.ORG/APPLY](https://umhs.org/apply)
2. **Write your essay.** UMHS requires two short answer questions (50-200 words each), and one personal statement (250-500 words). Submit it via the online application.
3. **Send in your transcripts and recommendations.** (See Step 3 for details.)
4. **Report your test scores** by uploading a screenshot in the document upload section of the online application. (We require all U.S. citizens and permanent residents to submit MCAT scores. International students whose principal language is not English must submit TOEFL or IELTS scores. Puerto Rican residents are not required to take TOEFL.)



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STEP FIVE

ACE YOUR INTERVIEW

The interview round is the home stretch of the medical school application and enrollment process. In order to clinch your offer of admission, you must make a lasting impression on your interviewer.

READ OUR BLOG ENTRY on medical school interviews for an insider's perspective on what questions you may be asked and what interviewers are looking for during these crucial sessions.



LEARN

MORE

US/Canada: 866.686.0380
admissions@umhs-sk.net



Congratulations on your decision to pursue a career in medicine. We are confident in your ability to succeed in this competitive field and we hope you will allow us to help you get there.

If you have any additional questions about our programs or how you can prepare for medical school, please don't hesitate to reach out. We would love to discuss your options with you.

UMHS.ORG

ACCREDITATION

The University is proud to announce that it recently received a full 6 year accreditation from the Accreditation Commission on Colleges of Medicine (ACCM), an internationally recognized accrediting body. ACCM is recognized by the National Council of Foreign Medical Education and Accreditation (NCFMEA) of the US Department of Education as having standards comparable to those in the US both as written and applied. The University will continue to seek other approvals and accreditations to further enhance the reputation of UMHS.

Official transcripts must be mailed to the address below. Letters of recommendation can be mailed or emailed (rbennett@umhs-sk.net, dwillis@umhs-sk.net) as long as they are on official letterhead, signed, and sent from the recommender. Send documents to:

University of Medicine and Health Sciences, St. Kitts
North American Administrative Office
Office of Admissions
460 West 34th Street, 4th Floor
New York, NY 10001

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